

This document was prepared in 2015 by the Lawton Metropolitan Planning Organization (LMPo) and was financed in part through USDOT funds (FHWA PL and FTA Section 5303) and in part through local matching funds provided by the City of Lawton.

For Additional Information, visit:
<http://www.lawtonmpo.org>
<http://www.be-safe.org>

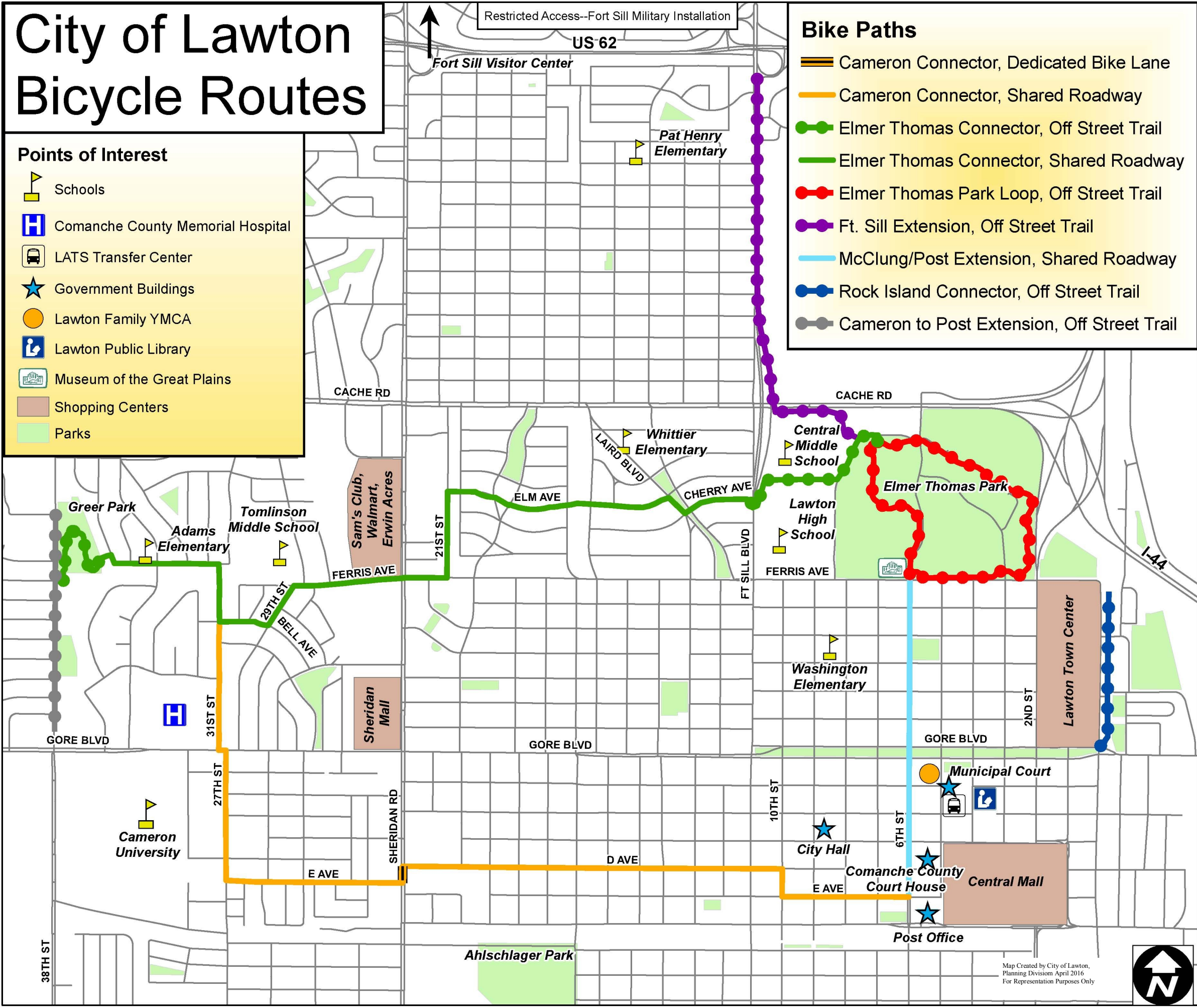


Lawton-Fort Sill Bikes!

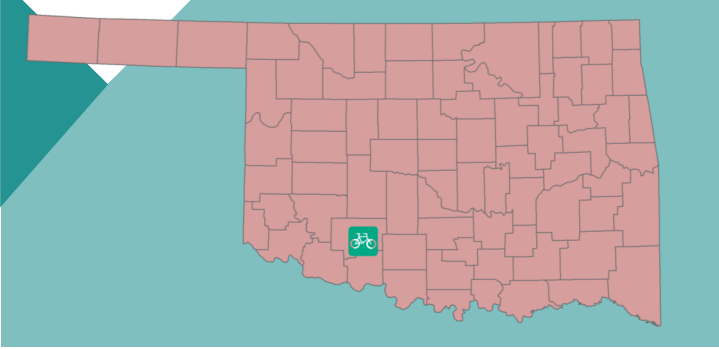
City of Lawton Bicycle Routes

- ### Points of Interest
- Schools
 - Comanche County Memorial Hospital
 - LATS Transfer Center
 - Government Buildings
 - Lawton Family YMCA
 - Lawton Public Library
 - Museum of the Great Plains
 - Shopping Centers
 - Parks

- ### Bike Paths
- Cameron Connector, Dedicated Bike Lane
 - Cameron Connector, Shared Roadway
 - Elmer Thomas Connector, Off Street Trail
 - Elmer Thomas Connector, Shared Roadway
 - Elmer Thomas Park Loop, Off Street Trail
 - Ft. Sill Extension, Off Street Trail
 - McClung/Post Extension, Shared Roadway
 - Rock Island Connector, Off Street Trail
 - Cameron to Post Extension, Off Street Trail



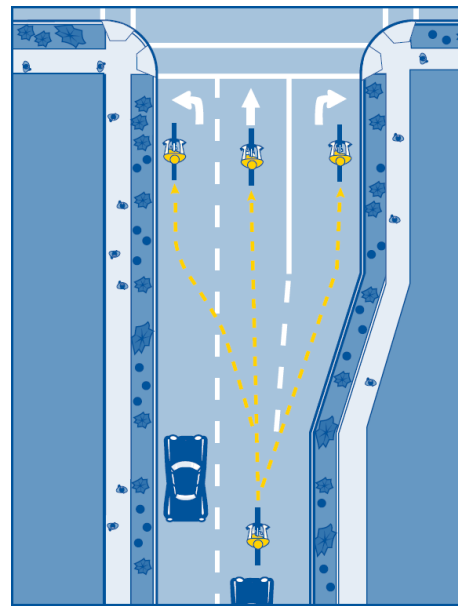
Lawton-Fort Sill Bicycle Route Map and Safety Tips



Map Created by City of Lawton, Planning Division April 2016
 For Representation Purposes Only

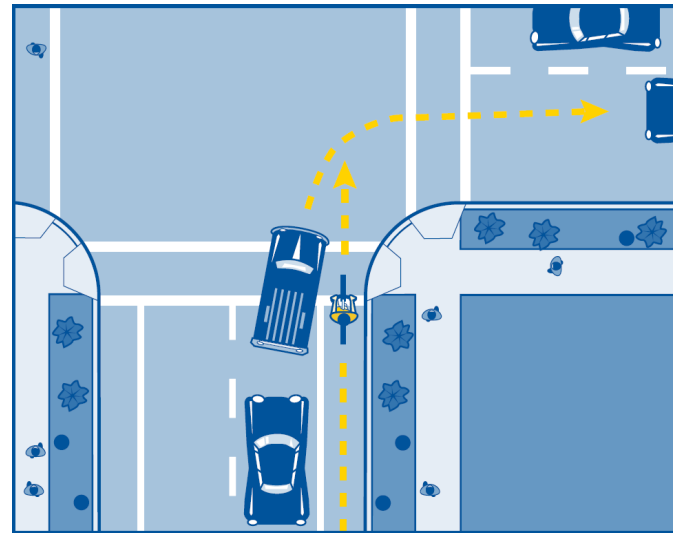


Intersections



- Do not ride in a turn lane if intending to go straight (For Left Turn options, see below).
- Remember bicycles are allowed to take the full lane when riding on the road at or near the posted speed limit.

Avoid the “Right Hook”



When the bicycle lane is to the right of the right turn lane both motorists and bicyclists should be aware of potential conflicts

Stay alert...

- Watch for obstacles in your path.
- Be alert for children who might run in front of you.
- Remember: Just because you can see someone else, does not mean that they can see you.
- Make eye contact with motorists; don't just assume they see you.
- Stay aware of the traffic around you and ride with the flow of traffic, not against it.
- NEVER pull out into traffic from between two parked cars.
- Ride where crossing, passing & approaching motorists can see you.
- Ride a car door's width away from parked cars to avoid car doors opening in front of you.
- Never wear headphones when cycling, they block out sounds that you need to hear.
- Watch for road hazards, potholes, sewer grates, railroad tracks, and loose gravel.
- Don't use your cell phone while riding.

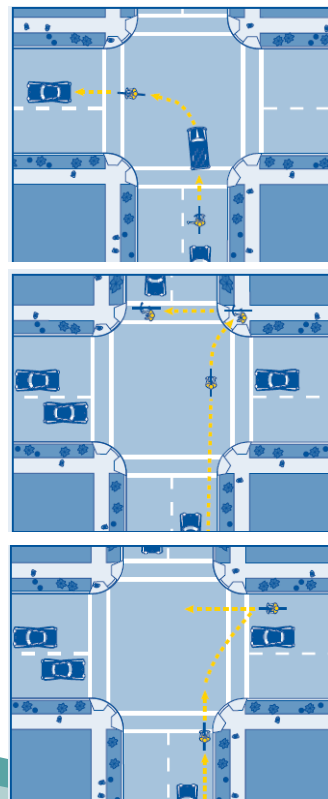
...and obey the rules of the road.

When you are riding on the road you must obey the same traffic rules that cars do.

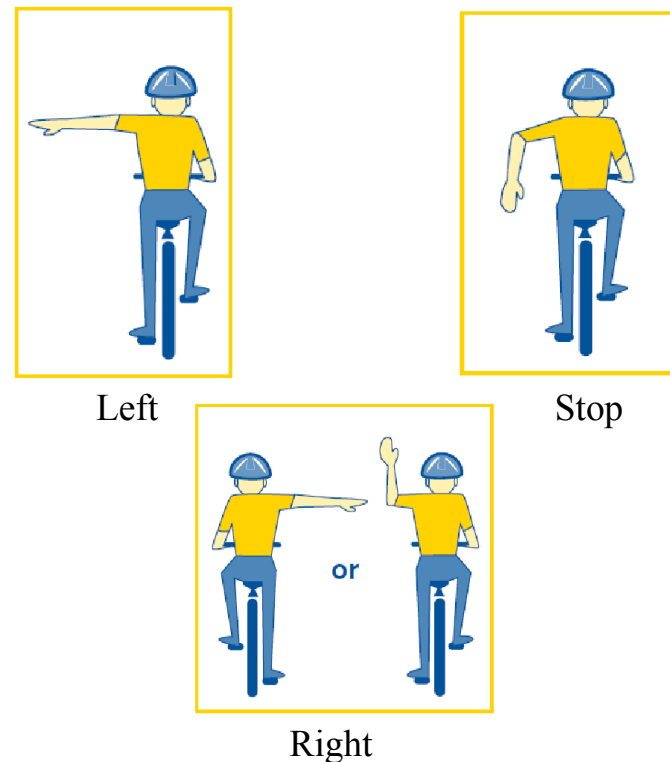
- Ride on the right side of the roadway with the flow of traffic.
- Stay in the right lane unless you are turning or passing
- The closer you are to the speed of traffic, the further you should ride out in the lane.
- Obey stop signs, traffic lights, signs & road markings.
- Give the right of way to pedestrians.
- When turning, use the proper turning lane.
- Use correct hand signals.
- Ride predictably; do not weave in and out of traffic.
- Never catch a ride by grabbing other vehicles.
- Don't text and ride.

Left Turns

1. Like a car: Change lanes to the proper lane and take the entire lane while making your turn.
2. Like a pedestrian: Ride across the intersection straight like a car would then dismount and walk across the crosswalk when it is safe.
3. Inverted L: Cross the intersection straight like a car then turn your bike and position it so you can ride across in the direction you intend to travel.



Use proper hand signals



...protect yourself...

- Wear a good bicycle helmet and position it correctly over your forehead.
- Always wear your helmet with the chin strap firmly buckled.
- Stay visible to motorists by dressing properly in reflective, fluorescent, or light colored clothing; have the proper reflectors and headlamps for night rides.
- Do not ride two people on a one-person bicycle, never ride on the handlebars.
- Do not wear loose clothing and be sure shoelaces are tied and tucked into shoes; they may become caught in the chain.

Bike Crash Checklist

- Call (or ask someone else to call) 911 and ask for the police. Ask for an ambulance if someone is injured.
- Stay at the scene until the police arrive.
- Get the name, contact information, and license plate number of everyone involved.
- Get the contact information of any witnesses.
- Get insurance information for all drivers and vehicles involved.
- Request that the police take an accident report.
- Get the reporting officer's name, badge number, and department or agency.
- If you are hurt, go in an ambulance to a hospital or see a doctor to rule out possible serious injury.