## **PREPARE**

- Put together a disaster supply kit. Make your kit portable so that you can take it with you if you need to evacuate.
- ♦ Decide on two places for your family to meet in an emergency. Select one right outside your home and one outside of your neighborhood in case you are away and can't return home.
- ◆ Have a long distance "family contact" outside of the area that all family members can check with to tell where they are and that they are safe.
- Keep a week's supply of food and water for your pets. Pets cannot go to shelters so have an alternative site for them to stay if you need to evacuate. Always keep a collar and tag on cats and dogs so they can be identified.

# Creating a Disaster Kit



- Store enough supplies in your disaster kit for each person in your family for three days
- Water: Store one gallon of water per person

per day. Water can be stored in plastic bottles such as soda bottles. Do not use glass bottles or milk containers to store water. Stored water should be changed every six months.

- Food: Store high-energy and ready-to eat foods in your disaster supply kit such as peanut butter, canned soups and fruits, and granola bars. Don't forget baby foods or foods for people with special diets.
- Include a first aid kit and any medications and/or medical supplies you use daily in your kit.
- Comfortable, durable clothing and sturdy shoes should also be included.
- Don't forget your pets they need their own supply kit.
- Include toys, books, and games to keep your family occupied during the disaster.

For more information City of Lawton All Hazard Mitigation Plan: 212 SW 9<sup>th</sup> St. Lawton, OK 73501

City of Lawton website: www.lawtonok.gov

# Prevent and Prepare:

Simple Ways To Protect Your Family From Disasters



The City of Lawton is vulnerable to natural disasters such as:

Severe Thunderstorms
High Winds
Floods
Tornadoes
Winter Storms/Ice/Freezing Rain
Wild Fires
Extreme Heat
Drought

# PREVENT

There are many simple and inexpensive steps that you can take to prevent damage to your home and property from disasters. Not only are these steps easy but they can increase your family's protection against the wind, water, and fire associated with disasters. Try some of the tips below to become "disaster resistant":

- Make A List: Keep a list handy of things you need to bring inside under windy conditions, such as trash cans and lawn furniture. Having a list makes it easy if a storm approaches quickly.
- **Keep Gutters and Culverts Clean:** Remove debris from gutters and culverts so that rain water can flow freely through gutters and storm drains.
- Be Aware Of How Stormwater Drains: When it rains, pay attention to how stormwater drains from your property.
- **Keep Trees and Shrubbery Trimmed:** Keeping greenery trimmed reduces the dead branches and debris that can be carried by the wind or clog up gutters and storm drains.
- **Know Your Flood Risk:** Call City of Lawton floodplain management at 580-581-3360 for information about flooding. Ask to see a flood map of your community. Consider purchasing Flood Insurance.
- **Install Float Plugs In Your Floor Drains:** If a drain pipe backs up, the float will rise, plugging up the drain and preventing water from backing up through the drain.
- **Install Backflow Valves In Your Sewer System:** To prevent floodwaters from causing sewage to back up into your home, have a plumber install interior or exterior backflow valves.
- **Use Sealants:** If you have a basement prone to flooding, you can use waterproofing compounds to seal walls and windows of basements. When applying these compounds, it is important to follow the manufacturer's directions.
- **Protect Your Roof:** Have a professional inspect your roof to make sure that the roof sheathing (the boards or plywood nailed to the roof rafters or trusses) is nailed properly and that the end gables are securely braced. Install hurricane straps to fasten the roof to the walls of the house to give it added protection in high winds.

### For Additional Information On Disasters, Check Out The Following Websites:

American RedCross - <a href="www.redcross.org">www.redcross.org</a>
Citizen Corps - <a href="www.citizencorps.gov">www.citizencorps.gov</a>
Federal Emergency Management Agency - <a href="www.fema.gov">www.fema.gov</a>
Ready.Gov - <a href="www.ready.gov">www.ready.gov</a>

